

Session Program

22-25 May 2024

3rd International Academic Conference: Yoga Darśana, Yoga Sādhana

Introspection

ESA West

Thursday 23 May

09:15

Introspection: Introspection Panel 1

Session | **Location:** ESA W 221 | **Convener:** Ruth Westoby

09:15–09:45

Postured: Women, Nation and Yoga in Twentieth Century India

Speaker

Ida Pajunen

09:45–10:15

Embodying Shiva and Shakti- the construction of gender in contemporary, European tantra

Speaker

Tova Olsson

10:15–10:45

Teaching Women Their Place: Alignment in Yoga Postures as Rhetorical Strategy

Speaker

Agi Wittich

10:45

11:15

Introspection: Introspection Panel 2

Session | **Location:** ESA W 221 | **Convener:** Christopher Miller

11:15–11:45

THE ROLE OF ABSORPTION: THE KEY OF SPITITUALITY IN MODERN POSTURAL YOGA

Speaker

Adriana Maldonado

11:45–12:15

“It gets me to the same place”: Sanskrit in modern postural yoga teaching

Speaker

Samuel Horsley

12:15–12:45

The Purpose of Pain in Modern Yoga

Speaker

Rose Mary Busto

12:45

14:15

Introspection: Introspection Panel 3 Authority, community, power dynamics

Session | **Location:** ESA W 221 | **Convener:** Theodora Wildcroft

14:15–14:45

Yoga, Value Retraditionalisation and Minority-Identified Yoga Practitioners in Finland

Speaker

Ella Poutiainen

14:45-15:15

Institutional Power and Community Power in Modern Yoga: Aligned or Maligned?**Speaker**

Amelia Wood

15:15-15:45

The teacher disappears: Cases of disaffiliation on the margin of the Iyengar Yoga community**Speaker**

Matylda Ciołkosz

15:45

16:15

Introspection: Introspection Panel 4**Session** | **Location:** ESA W 221 | **Convener:** Corinna Lhoir

16:15-16:45

Jain Yoga of the 6th Century: Haribhadra's Yogabindu**Speaker**

Christopher Chapple

17:15-17:45

Interfaith Dialogue In Jain Yoga Texts**Speaker**

Cogen Bohanec

17:45

Friday 24 May

09:15

Introspection: Introspection Panel 5

Session | **Location:** ESA W 221 | **Convener:** Ulrike Lang

09:15–09:45

From Theorhythm to yoga teachers: The impact of Phiroz Mehta in the UK

Speaker

Karen O'Brien-Kop

09:45–10:15

Transnational Circulation of Yoga Instructors and Practitioners between Brazil and India (1950s-1970s)

Speaker

Prof. Mirian Santos Ribeiro de Oliveira

10:15–10:45

Yogi Haider: Inscribing Pakistan into the global contemporary yoga scene

Speaker

Diane Charmey

10:45

11:15

Introspection: Introspection Panel 6

Session | **Location:** ESA W 221 | **Convener:** James Mallinson

11:15–11:45

Fierce Aesthetics of Asceticism: The Goddess Cāmuṇḍā in Temple Art of Medieval North India

Speaker

Sandra Sattler

11:45–12:15

People and Monkeys in Yoga Poses in the Wall Paintings Decorating the Buddhist Caves of Kucha

Speaker

Ji Ho Yi

12:15–12:45

Purpose and Text-Image-Relationship of Illustrated Yoga Manuscripts

Speaker

Christina Riebesell

12:45

14:15

Introspection: Introspection Panel 7

Session | **Location:** ESA W 221 | **Convener:** Lubomír Ondračka

14:15–14:45

Delusion, Bilingual Poetry and Commentary Literature

Speaker

Peter Pasedach

14:45-15:15

Rethinking Patañjali and āsana: The relationship between āsana (posture), sukha (bliss), and meditation in early Buddhism and Patañjali's yoga**Speaker**

Valters Negribs

15:15-15:45

Smṛti in the Pātañjalayogaśāstra: Retention, recollection and the practice of self**Speaker**

Karen O'Brien-Kop

15:45

16:15

Introspection: Introspection Panel 8**Session** | **Location:** ESA W 221 | **Convener:** Ella Poutiainen

16:15-16:45

Playing the Blame Game: A Critique of Neoliberal, Trauma-Informed, Prison Yoga**Speaker**

Rose Parkes

16:45-17:15

Finding the Brown Body in Contemporary Yoga**Speaker**

Firdose Moonda

17:15-17:45

From ridicule to recognition. Image of yoga in public media in communist Poland. A case study of Malina Michalska.**Speaker**

Iwona Kozłowiec

17:45

Saturday 25 May

09:00

Introspection: Introspection Panel 9

Session | **Location:** ESA W 221 | **Convener:** Philip Deslippe

09:00–09:30

The Latin faces of yoga in the Americas

Speakers

Adrián Muñoz, Dr Borayin Larios

09:30–10:00

YOGHISM, CHRISTIANISM, AND THE ANDEAN COSMOVISION: AMALGAMATING YOGA IN BOLIVIA, ISSUES OF SYNCRETIC SPIRITUALITY

Speaker

Adriana Maldonado

10:00–10:30

"Jai Hanumān. Jai Coatlicue!" - Negotiating Bhakti Yoga and Aztec Devotion at the Jamadi Center, Mexico

Speaker

Dr Borayin Larios

10:30

10:45

Introspection: Introspection Panel 10

Session | **Location:** ESA W 221 | **Convener:** Adriana Maldonado

10:45–11:15

From India to Chile: The journey of the Suddha Dharma Mandalam, its audience, adaptations and translations.

Speaker

Macarena González Carmona

11:15–11:45

Jinarajadasa: A Messenger of Oriental Wisdom, or a Theosophical Missionary in Latin America

Speaker

Adrián Muñoz

11:45

12:00

Introspection: Introspection Panel 11

Session | **Location:** ESA W 221 | **Convener:** Dr Adrián Muñoz

12:00–12:30

The evolution of DeRose's understanding on yoga. Theosophy, Swasthya and beyond, from Brazil to the world.

Speaker

Gabriel Martino

12:30–13:00

Charting the Early History of Modern Yoga Through Latin America and Iberia with the Works of Yogi Ramacharaka

13:00

Speaker

Philip Deslippe