

Session Program

22-25 May 2024

3rd International Academic Conference: Yoga Darśana, Yoga Sādhana

Inspiration

ESA West

Thursday 23 May

09:15

Inspiration: Inspiration panel 1

Session | **Location:** ESA W 120 | **Convener:** Laura von Ostrowski

09:15–09:45

The Wheel of the Navel and Lotus of the Heart: Metaphor, Medical Knowledge, and the Early Tantric Body

Speaker

Shaman Hatley

09:45–10:15

Yogic Body in Ālāol's Padmābatī

Speaker

Lubomír Ondračka

10:15–10:45

The Importance of Rousing Serpents: Kuṇḍalinī and the Evolution of Modern Yoga in the Work of Vivekananda and Yogananda

Speaker

Any Foxen

10:45

11:15

Inspiration: Inspiration panel 2

Session | **Location:** ESA W 120 | **Convener:** Maximilian Hoth

11:15–11:45

Fifty Unknown Verses on Yoga: An Early Attempt to Synthesise Pātañjalayoga with Haṭha and Rājayoga.

Speaker

Jason Birch

11:45–12:15

For the Purpose of Awakening Ignorant People: The Incorporation of Yoga into Advaita Vedānta in the Aparokṣānubhūti

Speaker

Dr Zoe Slatoff

12:15–12:45

From Ritual to Introspection: The adhyātmayoga of the Kaṭha-Upaniṣad

Speaker

Dr Dominik Haas

12:45

14:15

Inspiration: Inspiration panel 3

Session | **Location:** ESA W 120 | **Convener:** Dr Borayin Larios

14:15–14:45

The Soteriology of Sound Revisited: Meditation on OM at Death in the Pāśupata Sūtra

Speaker

Finnian Gerety

14:45-15:15

Experiencing the 'Unstruck Sound' in the Yoga of the Sants**Speaker**

Jaroslaw Zapart

15:15-15:45

The Unuttered Mantra: The Role of Ajapā within Haṭhayoga**Speaker**

Seth Powell

15:45

16:15

Inspiration: Inspiration panel 4**Session** | **Location:** ESA W 120 | **Convener:** Jacqueline Hargreaves

16:15-16:45

"Puruṣa bound from within / without looking on": Gurani Anjali's Sāṃkhya-Yoga Music on Long Island, New York**Speaker**

Christopher Miller

16:45-17:15

Acoustemologies of Breath: Sounding and Listening in Contemporary Yoga**Speaker**

Marissa Clarke

17:15-17:45

"Puffing and Swelling as Bubbles": Mantra and Music in Sri Sabhapati Swami's Yoga**Speaker**

Keith Cantu

17:45

Friday 24 May

09:15

Inspiration: Inspiration panel 5

Session | **Location:** ESA W 120 | **Convener:** Finnian Gerety

09:15–09:45

Blended Ontologies: entanglements of yoga, martial arts and postmodern Indian dance

Speaker

Lucy May Constantini

09:45–10:15

The politics and poetics of yoga spaces: three case studies from the UK

Speaker

Nick Lawler

10:15–10:45

Yoga as magic

Speaker

Nikolai Suvorov

10:45

11:15

Inspiration: Inspiration panel 6

Session | **Location:** ESA W 120 | **Convener:** Magdalena Kraler

11:15–11:45

Paradox of Pranayama: the breath's path from god to element

Speaker

Scott Lamps

11:45–12:15

Should you breath through the pores of your skin?

Speaker

Jürgen Hanneder

12:15–12:45

The Synthesising Influence of Eustace Miles: Breath Culture and the Assimilation of Yoga in Fin de Siècle Britain

Speaker

Victoria Addinall

12:45

14:15

Inspiration: Inspiration panel 7

Session | **Location:** ESA W 120 | **Convener:** Matylda Ciołkosz

14:15–14:45

Transnational Inspiration: Prāṇa and Prāṇāyāma in Early Modern Yoga

Speaker

Dr Magdalena Kraler

14:45–15:15

To meditate, to stretch, to amuse: multiple meanings of āsanās among Indian sādhus

Speaker

Daniela Bevilacqua

15:15–15:45

Between Orientalism and Universalism: A Global Perspective on the Popularization of Body-Oriented Yoga Practices in the People's Republic of Poland 1956-1970**Speaker**

Ulrike Lang

15:45

16:15

Inspiration: Inspiration panel 8**Session** | **Location:** ESA W 120 | **Convener:** Valentina Salonna

16:15–16:45

From Monkey Mind to Inner Silence: What could permanent loss of inner speech in meditators tell us about its purpose?**Speaker**

Martha Henson

16:45–17:15

Mystical Pluralism, Yogas, and the Role of Learning in Early Gauḍīya Vaiṣṇava Theology**Speaker**

Travis Chilcott

17:45

17:15–17:45

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Saturday 25 May

09:00

Inspiration: Inspiration panel 9

Session | **Location:** ESA W 120 | **Convener:** Jürgen Hanneder

09:00–09:30

Worldview types amongst yoga practitioners in Finland

Speakers

Janne Kontala, Mr Måns Broo

09:30–10:00

Pedagogies of Salvation: The Micro and Macro-Politics of Yoga in Euro-American Societies

Speaker

Matteo Di Placido

10:00–10:30

The Politics of Imagining at the Boundaries of Yogaland

Speaker

Jens U. Augspurger

10:30

10:45

Inspiration: Inspiration panel 10

Session | **Location:** ESA W 120 | **Convener:** Zoe Slatoff

10:45–11:15

Gandhi's Yoga Sādhana for Sarvodaya

Speaker

Dr Veena Howard

11:15–11:45

Yoga and the Siddhis in Early Theosophical Writings

Speaker

Marina Alexandrova

11:45

12:00

13:00

Inspiration: Inspiration panel 11

Session | **Location:** ESA W 120